

# YMCA CAMP ADAIR: ACTIVITY MANAGEMENT PLAN

Crate Challenge			
<b>Activity</b>	Stacking crates on top of each other until they fall over		
<b>Activity Description</b>	Camp Adair Climbing Wall	Camp Adair	Camp Adair
<b>Activity Site</b>	<b>Water:</b>	<b>Toilets:</b>	Instructor Level: <b>2</b>
<b>Instructor Requirements</b>	<ul style="list-style-type: none"> <li>Ensure a first aid kit, radio and rescue kit is readily accessible in your area</li> <li>Conduct pre use checks on the equipment, element, environment</li> <li>Continually identify, manage and disclose hazards and risks</li> <li>Clearly brief the group and ensure they understand their roles and can confidently perform them</li> <li>Ensure pre-climb checks are done, Harnesses, Karabiner, Belay Device, Helmet, Attachment</li> <li>Instructor to ensure all equipment is being used correctly, brief group on proper equipment care</li> <li>Take ladders down when not in use, during all breaks</li> <li>Fully induct helper into the SMS and relevant procedures and ensure they follow it</li> <li>The ratio may vary depending on maturity age, experience and skills of the instructor, the conditions on the day, and the activities being undertaken</li> <li>Instructor to be situated in a position where they can see and manage clients at all times</li> </ul>		
<b>Participant Competencies</b>	<ul style="list-style-type: none"> <li>Physically able to perform the task</li> <li>Psychologically able to perform the task</li> <li>Can understand and follow activity safety rules</li> <li>No current or pre-existing medical injuries that affects the client's safety</li> </ul>		
<b>Equipment</b>	<ol style="list-style-type: none"> <li>Harnesses</li> <li>Helmets</li> <li>Covered footwear</li> <li>Water</li> <li>First aid kit in the area</li> <li>Karabiners</li> <li>Belay Device</li> <li>Rescue kit in the area</li> <li>Ladder</li> <li>Long hair tied up, No jewelry</li> <li>Clothing appropriate for the weather conditions</li> <li>Radio in the area</li> </ol>		
<b>Policies</b>	Standard operating procedures, SMS, Calling a halt to an activity		
<b>Weather Factors</b>	Cease activity during thunder & lightning and wait for 30min. Cease activity in winds exceeding 30 knots / 60 km p/h.		
		Ratio:	1:12
		Weight:	120kg

Site Specific Hazard	Severity	Potential	Management of Hazard	Result
Slippery ground	M	M	Ensure that there is sufficient bark for safety and is not compacted.	E
Children in close proximity to Climbing Wall and Abseiling	M	H	Ensure that every member in the group while activity is underway is clear that they are to stay away from the climbing wall, Pirates Walk and abseiling for the duration of the session.	M
<b>Activity Specific Hazard</b>	<b>Severity</b>	<b>Potential</b>	<b>Management of Hazard</b>	<b>Result</b>
Falling Crates	H		Demonstrate the procedure of connecting the crates to the white cord and disclose the possible consequence of falling crates. Also show how to attach to the dynamic rope and pull crate up to the climber.	M
Pulley and wires	H	M	Instructor to brief group that the climber must not be able to touch the cable.	M



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Crates connector cord	H	M	Ensure the belay team is positioned to avoid the climber becoming twisted around the rope and make sure climber does not hold or climb around the cord.	M
Rope stretch	M	M	Ensure spotters are aware of their responsibilities to protect the climber until past head height in case the climber falls in the first 2 meters.	M
<b>Severity &amp; Potential:</b>	L = Low, M = Medium, H = High		<b>Result:</b>	I = Isolates Hazard, M = Minimizes Hazard, E = Eliminates Hazard

## Policy Approval

Approved and Signed: \_\_\_\_\_



Position: Camp Manager Date: February 2016

Review by -- August 2016

## Tracking Changes

	Who and When	What was Changed
<b>Written:</b>	Steffen Poepjes Feb 16	<ul style="list-style-type: none"> <li>• New format</li> </ul>
<b>Amendments:</b>	Steffen Poepjes Feb 16	<ul style="list-style-type: none"> <li>• Participant Competencies Updated</li> <li>• Rope stretch</li> <li>• Ground not compacted</li> <li>• Crates connector cord</li> <li>• Pulley and wires</li> <li>• Falling Crates</li> </ul>